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# Welcome to Apollo Care



This booklet will provide you with information about our company, what to expect from us and the services we provide.

Apollo Care was established in 2011 by Cheryl White, a District Nurse, in response to the poor quality of care she had witnessed while providing nursing care to patients in their own homes. Her aim was to improve the quality of care for people living in their own homes by establishing a home care company that focussed on individual care needs.

### Apollo is a domiciliary care agency that will:

"Provide individualised holistic care to individuals in the community who wish to remain living at home"

By providing care, support and advice, we enable our service users to remain as independent and self-caring as possible. We will provide assistance on an individual basis following a detailed, person-centred care plan, our service users can expect an excellent service provided by trained care staff.

We promise to provide person-centered, holistic care to individuals living in their own homes.

Apollo Care is compliant with Care Quality Commission standards and follows the KEY LINES OF ENQUIRY that our care teams are inspected and regulated against.

There are 5 questions that are asked of all care services. They are at the heart of everything we do and help us to make sure that we focus on the things that matter to people who use our service.



# The 5 Questions

**1** ARE WE SAFE?

You are protected from abuse and avoidable harm.

2 ARE WE EFFECTIVE?

Your care, treatment and support achieves good outcomes, helps you to maintain quality of life and is based on the best available evidence.

- 3 ARE WE CARING?
  Staff involve and treat you with compassion, kindness, dignity a nd respect.
- 4 ARE WE RESPONSIVE TO PEOPLE'S NEEDS?

  Services are organised so they meet your individual needs.
- 5 ARE WE WELL LED?

The leadership, management and governance of the organisation make sure we provide high-quality care that is based on your individual needs, that we encourage learning and innovation, and that we promote an open and fair culture.



# Meet our management team





### CRAIG

IEarly in my career I worked in the education and finance sectors – it was only when I crossed over into care in 2014 that I felt like I was working in a role where I was making a difference.

I have worked in domiciliary care management since 2015 and I have helped to bring a lot of amazing people into care who have gone on to make a positive difference for people that our teams care for. It really is a great feeling when everything comes together and you see the impact it has.

I bring this experience of building excellent care teams to Apollo Care Blackpool which not only prioritises providing enriching, empowering, engaging care that everyone independently deserves, but also provides our care staff with the support, reward and development opportunities that they deserve.



### **PHILIPPA**

I am the Registered Manager at Apollo Care Blackpool, a position I've proudly held since 2023. With almost 15 years of experience working in diverse care settings, I bring a deep understanding and passion for delivering exceptional care to our customers in the community.

Being part of the team in Blackpool is incredibly rewarding, and I am dedicated to fostering an environment where excellence is the standard. I take great pride in leading a team that consistently demonstrates our core values—caring, supporting, empowering, and inspiring, through every interaction they have.

My goal is to maintain and enhance the high standards we have set, ensuring that our customers always feel valued and supported.

Outside of work, I'm a mum of two and love spending quality time with my family.



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# Our services



### **SERVICES WE PROVIDE**

Apollo Care provides several services to meet the needs of service users and their families. These include:

- Assistance with personal care
- Medication administration
- Meal preparation
- Hospital discharge
- Housework
- Shopping services
- Companionship
- Support and tech pack

### **SERVICES WE DON'T PROVIDE**

- Wound care
- Dressings
- Provision of continence aids
- Physiotherapy

Although we do not provide the above services, we can put you in touch with the appropriate agencies if required.

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# Recruitment process

### **CARE STAFF RECRUITMENT**

Apollo Care has a robust recruitment policy. You can be confident that your service will be delivered by care staff who have undergone rigorous preemployment checks, including:

- All applicants must complete an application form detailing previous employment
- Interview by Apollo Care managers
- Reference checking: we request a reference from the applicant's previous employer and require at least two satisfactory references before employment can commence
- Character references
- An enhanced disclosure from the DBS, commonly known as a police check

### CARE STAFF INDUCTION

All successful applicants must complete a 12-week induction programme within their team, suitable to the role they have applied for. The Induction process includes:

- Completion of care certificate training
- On the job "shadow shifts"
- Introduction to service users
- Regular management supervisions
- Specialist training if required





# Delivery of your care



# Apollo Care follows the 7 core principles of dignity when providing care to service users.

#### Principle1:

Value the uniqueness of every individual.

#### Principle2:

Uphold the responsibility to shape care and support services around each individual.

#### Principle 3:

Value communicating with individuals in ways that are meaningful to them.

#### Principle 4:

Recognise and respect how an individual's dignity may be affected when supported with their personal care.

#### Principle 5:

Recognise that an individual's surroundings and environments are important to their sense of dignity.

#### Principle 6:

Value workplace cultures that actively promote the dignity of everybody.

#### Principle 7:

Recognise the need to challenge care that may reduce the dignity of the individual.

Following the initial referral, a manager from Apollo Care will visit you at home.

A full assessment of your individual care needs will be carried out, your co-operation is vital! We will need to find out as much as we can about you, to provide you with a service that suits you perfectly.

The manager will also carry out a risk assessment to ensure work can be carried out safely in your home. Don't worry! Again, this is done with your co-operation and everything will be fully explained.

Our team of care staff is fully trained to provide the best care possible. They will record and monitor your needs at each visit and report any changes or concerns to their line manager.

YOU are at the very heart of everything we do.



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### Our Better Life services



### HAPPINESS & WELLBEING

We know that being healthy & happy is extremely important for people as they grow older. This service ensures your health & happiness is a priority to enhance your well-being, by delivering a service that includes social outings, home-cooked meals, and much more.

### COMFORT, SAFETY & CARE

Deciding that either you or a loved one needs care can be an emotional time. We understand this and take time to ensure our clients feel comfortable, safe, and cared for. This service is for people needing a little support in their day-to-day living.

### **DIGNITY & SUPPORT**

We are passionate about providing dignity and support to our clients and their families with more complex care needs. We know this can be an extremely difficult time emotionally and we provide families and their loved ones with dignity and support every step of the way.

### AROUND THE CLOCK CARE & COMPANIONSHIP

We understand needing 24-hour or overnight care can feel like a big step for you or a loved one. We provide complete peace of mind, ensuring comfort, safety and dignity at all times. This bespoke package allows you to remain at home, surrounded by familiar comforts, while receiving the highest level of professional and compassionate care.

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# Standards the service users can expect

### **WE PROMISE TO:**

- Always promote your independence
- Treat you as an individual
- Maintain your dignity and respect
- Respect your right to privacy, confidentiality, and equal opportunity
- Show respect for your home and personal belongings
- Deliver a person-centered care package to suit your needs
- Arrive to deliver your care on time (within a 15-minute window time frame)

### **QUALITY ASSURANCE**

At Apollo Care, we want to provide you with the best possible service that we can. Your needs will be continually reassessed and we welcome feedback from you and your family members.

Our focus is PERSON-CENTRED CARE and we encourage you to be actively involved in your care planning, implementation, and review.

We have a 24-hour "live" feedback form on our website that you can use to leave any comments, good or bad, that you wish us to know about. We love to hear from you! There is also a direct link to leave your feedback on the CQC website, this then helps towards our annual inspections. Your opinion really does matter so tell us what you think.



# Our procedures



### HANDLING YOUR MONEY

Any financial transactions that take place must be identified in your care plan. This may include:

- Shopping
- Collection of pensions
- Paying of bills
- Bank transactions

### **BEQUEST IN WILLS**

Employees of Apollo Care are not allowed to act as witnesses on wills or any other legal documents concerning a service user.

### CONFIDENTIALITY

Information that is provided by you will be treated with respect and will be treated as highly confidential. Apollo care is fully compliant with GDPR and any information we hold will be managed within the law.

### MANUAL HANDLING

Our care teams are trained in all aspects of manual handling. We do have a very strict minimal lifting policy to protect both staff and service users from injury. If equipment for manual handling is required, our staff will be able to use it when it has been risk assessed and provided by a member of the multi-disciplinary team.

### **MEDICATION**

All staff are trained in the management of service user medication and administration. We can assist with prescribed medication and some homely remedies as required. Blister packs are our preferred choice of administration, but short-term medication can be given from original pack.

### COMPLAINTS AND COMPLIMENTS

We hope that you will be satisfied with the care you receive from Apollo Care, but should there be any matter which you feel requires attention, we ask that you first bring it to the attention of your care assistant. Often worries are only due to misunderstandings and can be dealt with there and then.

However, should you feel dissatisfied please contact the Apollo Care office on 01253 966440, and a member of our office team will be pleased to help in any way possible? If you wish you may ask a friend or relative to do this on your behalf.

A member of the office team will fully investigate your concerns and let you have a reply as soon as possible, always within a maximum of 28 days. However, if you are not satisfied with the outcome of your complaint you can bring the matter to the attention of the managing director;



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### Terms & conditions



### **PAYMENT**

Payment for services provided will be itemised on an Apollo Care invoice and issued on a monthly basis. Each visit will be listed along with the individual charge for each visit. Fees are due for payment within 7 days of receipt of our invoice. Cash payments must not be given to care staff, all payments should be forwarded to your Apollo management team.

### **EQUIPMENT**

Apollo Care will provide all PPE equipment (such as gloves and aprons), that is required to carry out care activities as agreed. Other agencies will provide and maintain other necessary equipment such as hoists, commodes, pressure equipment, etc. Cleaning equipment must be provided by the service user.

### **EQUAL OPPORTUNITES**

Apollo Care aims to satisfy the needs of service users and staff by providing equal opportunities, irrespective of age, sex, marital status, race, disability, or sexuality.

### **INSURANCE**

Apollo Care holds full insurance cover by a specialist care insurance company.

### CANCELLATION

If you wish to cancel a booked visit, we will require 3 days' notice. Failing to provide notice will result in full payment for the visit expected. If you wish to cancel your care package, we will require 28 days' notice, in writing, to the manager at the office address.

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# Useful links & community contacts



# LANCASHIRE COUNTY COUNCIL ADULT SOCIAL CARE

Tel: 0300 123 6720

### WALK IN CENTRE, WHITEGATE DRIVE

Tel: 01253 953 953

### PROGRESS LIFELINE (TELECARE)

Tel: 01772 678 910

### **DISTRICT NURSES**

South Shore: 01253 953001 Lytham: 01253 957227 St Annes: 01253 956119

### BLACKPOOL ADVOCACY HUB TEAM

Tel: 0300 323 0251

Email: info@blackpooladvocacyhub.org.uk

### **BLACKPOOL VITALINE**

Tel: 01253 477 678

### BLACKPOOL VICTORIA HOSPITAL

Tel: 01253 300 000

### BLACKPOOL ADULT SOCIAL CARE

Tel: 01253 477800

# HIGHFIELD CENTRE (DAY CARE) BLACKPOOL

Tel: 01253 476 460

### AGE UK FYLDE

Tel: 0300 303 1234

### **CLIFTON HOSPITAL**

Tel: 01253 300 000

### THE VICTORIA DAY CENTRE THORNTON

Tel: 01253 828 362

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